

# Independent research shows positive impact of Arete<sup>®</sup> EAP on work absence, LTD and drug claims

## In the 12-month period following Arete EAP completion, program users...

**1** were 3.3 times less likely to file an LTD claim



**2** reported significantly reduced prescription drug claims



**3** returned to work during or shortly after EAP completion. (2/3 initially off work reported this success)



**4** experienced a greater degree of problem resolution the higher the number of sessions accessed



**5** reported EAP counselling helped with their return to work

