

Arete's focus on developing practical solutions helps clients stay at work and return to work.

75%

of employed clients said at the start of counselling that their issue **negatively affected** work performance



94%

reported an **improvement at work** and in performance after counselling



Of the **16%** of clients on disability leave, more than **50%** returned to work during or after counselling

87%

returning to work from disability leave reported counselling had a **positive impact** on their return

99%

reported **overall satisfaction** and would call again

The main factor contributing to positive results is Arete's focus on **helping clients develop concrete solutions.**